

OhSo Fit Weekly Group Session Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Sessions	Morning Sessions	Morning Sessions	Morning Sessions	Morning Sessions	Morning Sessions
9:45 am Mums & Bubs (Babysitter available) Johnson Park, Dulwich Hill	6:00 am Boot Camp Petersham Park, Petersham	6:00 am Boot Camp Johnson Park, Dulwich Hill	9:45 am Mums & Bubs (Babysitter available) Johnson Park, Dulwich Hill	6:00 am Boot Camp Petersham Park, Petersham	7:45 am Boot Camp Johnson Park, Dulwich Hill
				9:45 am Mums & Bubs (Babysitter available) Johnson Park, Dulwich Hill	
Evening Sessions	Evening Sessions	Evening Sessions	Evening Sessions	Evening Sessions	Evening Sessions
6:00 pm Boxing Fitness Johnson Park, Dulwich Hill		7:30 pm Women's Boot Camp Johnson Park, Dulwich Hill	7:00 pm Metafit HIIT Johnson Park, Dulwich Hill		
6:45 pm Metafit HIIT Johnson Park, Dulwich Hill					

Note: times and sessions are accurate as of 1st January 2017.