

OhSo Fit Weekly Group Session Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Sessions	Morning Sessions	Morning Sessions	Morning Sessions	Morning Sessions	Morning Sessions
9:45 am Mums & Bubs (Babysitter available) Johnson Park, Dulwich Hill	6:00 am Boot Camp Petersham Park, Petersham	6:00 am Boot Camp Johnson Park, Dulwich Hill	9:45 am Mums & Bubs (Babysitter available) Johnson Park, Dulwich Hill	6:00 am Boot Camp (Boxing every 2 nd week) Petersham Park, Petersham	7:45 am Boot Camp Johnson Park, Dulwich Hill
				9:45 am Mums & Bubs (Babysitter available) Johnson Park, Dulwich Hill	
Evening Sessions	Evening Sessions	Evening Sessions	Evening Sessions	Evening Sessions	Evening Sessions
7:00 pm Metafit HIIT Johnson Park, Dulwich Hill			7:00 pm Metafit HIIT Johnson Park, Dulwich Hill		

Note: times and sessions are accurate as of 1st January 2018.